

## SELF-ASSESSMENT IN BREATH CONTROL

Date:	Date:	Date:	Date:
Take deep breath. Exhale with ssssssss Held _____ seconds	Held _____	Held _____	Held _____
Controlled counting to 20	Controlled counting to 25	Controlled counting to 30+	Controlled counting 35+
With head voice (high) say alphabet 1x	With head voice (high) said alphabet _____ x's	With head voice (high) said alphabet _____ x's	With head voice (high) said alphabet _____ x's
Hold index finger up in front of face –Blow thin stream of air on it See how long you can hold it:	Date: Held:	Date: Held:	Date: Held:
Sight-reading: Accuracy:	Sight-reading: Accuracy:	Sight-reading: Accuracy:	Sight-reading: Accuracy:

Sight-reading: Accuracy:	Sight-reading: Accuracy:	Sight-reading: Accuracy:	Sight-reading: Accuracy:
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Sing a major scale Accurately _____	Sing a minor scale Accurately _____	Sing interval of 2 <sup>nd</sup> Accurately _____	Sing interval of A 3 <sup>rd</sup> _____
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Sing an interval of A 4 <sup>th</sup> accurately _____	Sing an interval of A 5 <sup>th</sup> _____	Interval of a 6th Accurately _____	Interval of 7th _____
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Sing an octave accurately _____
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